

# Facial Cosmetic History

«lastname», «firstname» «prefix»

ID: «patientid» DOB: «birthday»

## Please Briefly State Your Reason and Goals / Expectations Treatment :

Are you now or have you been under the care of a physician for your skin ? Yes No

List all skin related medications / products you are currently taking or have taken for your skin including *Acutane, Retin A, Glycolic Acid, alpha hydroxy acids, and skin scubs or exfoliants*:

List any drug, makeup, skin or food allergies (i.e., soaps or cleansing creams):

List all any previous skin peels, treatments, dermabrasions, facial cosmetic surgery of any type?

Do you have acne? Yes No Experience Frequent Blemishes? Yes No

If so, how frequently? \_\_\_\_\_

Are you pregnant? Yes No Are you taking birth control pills? Yes No Hormone replacement? Yes No

Are you presently having or due for your menstrual cycle? Yes No

Do you experience oily shine during the day? \_\_\_\_\_

Do you sunbathe or use tanning beds? Yes No

Do you burn easily in moderate sunlight? \_\_\_\_\_

Do you regularly use a sunscreen? Yes No If so, what SPF? \_\_\_\_\_

Do you often experience stress? Yes No

What temperature of water do you use to cleanse your face? \_\_\_ COOL\_\_\_ WARM \_\_\_ HOT

Do you exercise regularly? \_\_\_\_\_

Do you smoke? If so, how much? \_\_\_\_\_

What is your natural hair color? \_\_\_\_\_

### Do you have or have you had any of the following conditions (answer Yes or No):

\_\_\_\_\_ Are you currently taking aspirin or ibuprofen or any other supplement of NSAIDS that may interrupt blood coagulation?

\_\_\_\_\_ Cold Sores, Herpes Simplex

\_\_\_\_\_ Pterygium

\_\_\_\_\_ Hemophilia

\_\_\_\_\_ Prolonged Bleeding

\_\_\_\_\_ Have you ever experienced hyperpigmentation from an injury?

\_\_\_\_\_ Keloid History

\_\_\_\_\_ Cataracts

\_\_\_\_\_ Glaucoma

\_\_\_\_\_ "Dry Eye"

\_\_\_\_\_ Corneal Abrasions

\_\_\_\_\_ Eye Surgery, Blepharoplasty (eyelid surgery) or Injury

\_\_\_\_\_ Visual Disturbances

\_\_\_\_\_ Do you wear contact lenses?

\_\_\_\_\_ Are you using eye drops or other ocular medications?

When was your last eye exam? \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Person Completing Health History

\_\_\_\_\_  
Doctor's Initials

### No Changes

\_\_\_\_\_  
Date

Y N

\_\_\_\_\_  
Signature of Person Completing Health History

\_\_\_\_\_  
Doctor's Initials

\_\_\_\_\_  
Date

Y N

\_\_\_\_\_  
Signature of Person Completing Health History

\_\_\_\_\_  
Doctor's Initials

\_\_\_\_\_  
Date

Y N

\_\_\_\_\_  
Signature of Person Completing Health History

\_\_\_\_\_  
Doctor's Initials